



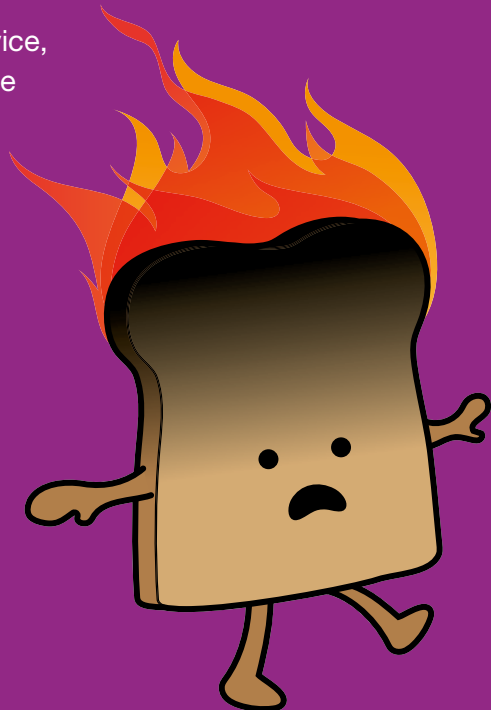
**NORTH YORKSHIRE
FIRE & RESCUE SERVICE**

WHAT'S COOKING?

Never leave your cooking unattended or
your whole house could end up toast.

For more information and advice,
call the Fire Safety Advice Line

01609 788545



www.northyorksfire.gov.uk

How to prevent common fires in the kitchen

How to cook safely

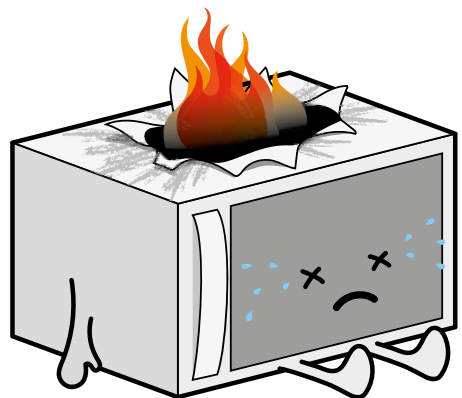
Avoid leaving children in the kitchen alone when cooking on the hob. Keep matches and saucepan handles out of their reach to keep them safe.

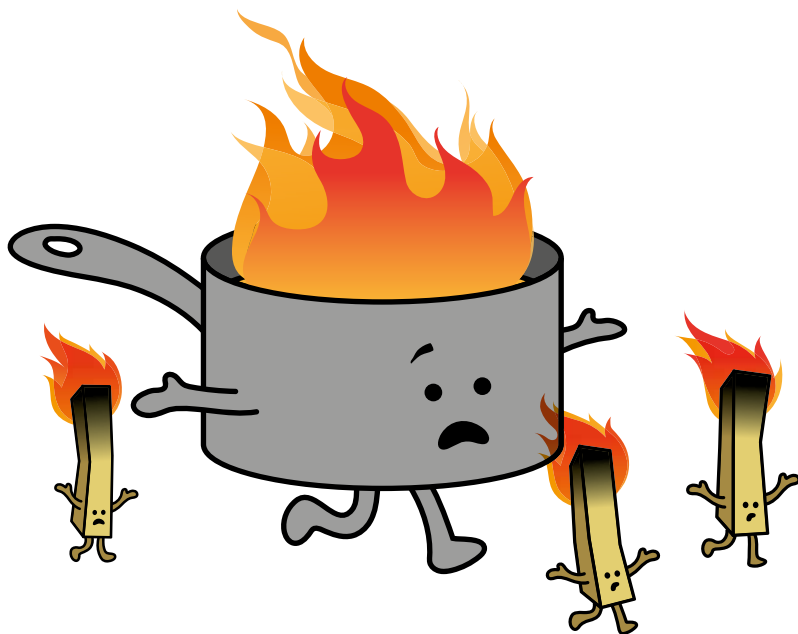
- Take extra care if you need to leave the kitchen whilst cooking, take pans off the heat or turn them down to avoid risk.
- Make sure saucepan handles don't stick out – so they don't get knocked off the stove.
- Take care if you're wearing loose clothing – they can easily catch fire.
- Keep tea towels and cloths away from the cooker and hob.
- Spark devices are safer than matches or lighters to light gas cookers, because they don't have a naked flame.
- Double check the cooker is off when you've finished cooking.

Take care with electrics

- Keep electrics (leads and appliances) away from water.
- Check toasters are clean and placed away from curtains and kitchen rolls.
- Keep the oven, hob and grill clean and in good working order. A build up of fat and grease can ignite a fire.

Don't put anything metal in the microwave





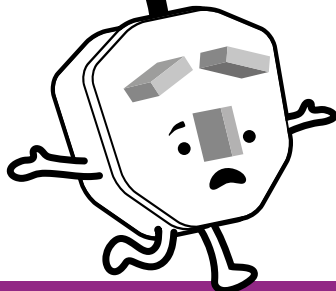
Deep fat frying

- Take care when cooking with hot oil – it sets alight easily.
- Make sure food is dry before putting it in hot oil so it doesn't splash.
- If the oil starts to smoke – it's too hot. Turn off the heat and leave it to cool.
- Use a thermostat controlled electric deep fat fryer. They can't overheat.

What to do if a pan catches fire

- Don't take any risks. Turn off the heat if it's safe to do so. Never throw water over it.
- Don't tackle the fire yourself.

**Get out, stay out
and call 999**



Top tip
Don't overload sockets

How to avoid electrical fires

- Always check that you use the right fuse to prevent overheating.
- Make sure an electrical appliance has a British or European safety mark when you buy it.
- Certain appliances, such as washing machines, should have a single plug to themselves, as they are high powered.
- Try and keep to one plug per socket.

Know the limit!

An extension lead or adaptor will have a limit to how many amps it can take, so be careful not to overload them to reduce the risk of a fire.

Appliances use different amounts of power – a television may use a 3amp fuse and a vacuum cleaner a 13amp fuse for example.



**NORTH YORKSHIRE
FIRE & RESCUE SERVICE**

For more information and advice,
call the Fire Safety Advice Line

01609 788545

www.northyorksfire.gov.uk

North Yorkshire Fire & Rescue Service,
Headquarters, Thurston Road,
Northallerton, North Yorkshire,
DL6 2ND

Tel: 01609 780150